FROM THE KITCHEN

HOT, FRESH, AND MADE TO ORDER. PLEASE ALLOW 15 MINUTES FOR PREPARATION. IN A HURRY? CHECK OUT ITEMS IN OUR DELI CASE!

FROM THE KITCHEN

FRESH PRESSED JUICES & PLANT-BASED SHAKES $9

ON TAP

COLD BREW COFFEE $4 | KOMBUCHA $6

FROZEN TREATS

ICE CREAM SANDWICH $8
ICE CREAM $4 | $6 | $8

OUR DELI CASE

1 START WITH A SANDWICH
Made fresh daily, classic & creative options

2 CHOOSE A SIDE
Garden greens, crunchy slaws, pasta salads & seasonal varieties

3 PICK A SWEET TREAT
Pastries, cookies, brownies & Sugar Plum ice cream

4 ADD A DRINK
Bottled bevs, cold brew coffee, kombucha, fresh juice, smoothies & shakes

Cyprus Sun Bowl $15

A MEDITERRANEAN INSPIRED BOWL OF GREENS AND PROTEIN
Lentil and spinach bowl, sun dried tomatoes, olives, and spinach naan with Mediterranean vinaigrette

Thai Buddha Bowl $15

THAI STYLE GRAINS WITH FARM FRESH VEGGIES
Edamame bowl with quinoa, cabbage, carrots, cucumber, bean sprouts, red pepper, peanut dressing, topped with roasted peanuts and green onions

Black Goddess Salad $12

A RICH DELICIOUS PROTEIN PACKED GREEK STYLE SALAD
Arugula and spinach, black beans, chickpeas, quinoa, cucumber, grape tomatoes, cashew cheese, sun dried tomatoes, Mediterranean parmesan vinaigrette

Kale Caesar Salad $12

OUR SPIN ON THE CLASSIC CAESAR SALAD
Kale and romaine lettuce, fried chickpeas, cherry tomatoes, croutons, caesar dressing, lemon, and vegan parmesan

Mac & Yease $6 | $9

OUR FAMOUS PLANT LOVING MACARONI AND CHEESE
Vegan mac and cheese. It’s famous for a reason. Available gluten free. +$2

KIDDOS $9

CHOOSE ONE

Mac & Yease
Biscuit Jammer
Grilled Cheese
Pesto Pasta
Beans & Rice
Plain Pasta

PICK A SIDE

Fresh Veggies or Seasonal Fruit
COMES WITH A SCOOP

Sugar Plum Ice Cream: Classic Vanilla or Flavor of the Month

12 AND UNDER PLEASE